Meet Information ONU Qualifier February 20th, 2016

Host:	Olivet Nazarene University: One University Ave	Perry Student Life Recreation Center Bourbonnais, IL 60914			
Entries:	Friday, February 12th through <u>Wednesday, February 16th at 6pm</u> . All team entries to be completed online at Direct Athletics.				
Entry Fee:	 \$200 Per Team. \$400 Men & Women combined. \$25 per college athlete if team is less than 8 total. Checks payable to Olivet Nazarene University. \$15 per event for Unattached athletes. Must contact meet director for entry. Pick up meet packet and receipt upon arrival at check-in table by finish line. 				
Scratches:	Provided by 10:00am Friday, February 19 th for final heat sheets. Please alert the check-in table workers of any changes as soon as possible on meet day.				
Track:	Eight-lane, 200 meter Mondo surface with 10 lanes on sprint straightaway. No food or drink allowed in the Fieldhouse. All food is to be kept inside the team camp area in Chalfant Hall.				
Spectators:	Admission is \$6 for adults and \$4 for children, students and seniors. Bleacher seating is available plus standing room around the track. Concessions are be available in the lobby of the Perry Center. No spectators on the inside of the track. No athletes in the bleachers.				
Team Camps:	mps: Chalfant Hall may be used for your team's staging area, located down the hall from the Fieldhouse in the Parrot Convocation Center.				
Spikes:	Pyramid spikes only: ¼" are the maximum allowed.				
Trainers:	Certified athletic training staff	will be available throughout the meet.			
Results:	Results: Posted on results board after each event. Will be available at the conclusion of the meet on <u>www.onutigers.com</u> and <u>www.tfrrs.org</u> . Coaches are				
	responsible for securing all da	ata for entering his/her national meet qualifiers.			
Meet Director:	Nicole Farr, Assistant XC/Tra Office: 815-928-5570 Fax: 8				
Parking:	•	e North Parking lot, located off of Stadium Drive. e in the Weber Lot or Chapel lots.			
Weigh-Ins:	•	e weighed in at the northeast corner behind the 9:30am . Any illegal implements will be f the event(s).			

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Week of Meet:Coaches will be sent a performance list of accepted entries on Wednesday
evening, and heat sheets with field event notes on Friday afternoon. Coaches
will be notified of any changes to the schedule prior to Saturday.

Schedule:

10:00am - Field Events

Weight Throw—Men	(followed by Weight Throw—Women)
High Jump—Women	(followed by High Jump—Men)
Long Jump—Women	(followed by Triple Jump—Women) LEFT RUNWAY
Long Jump—Men	(followed by Triple Jump—Men) RIGHT RUNWAY
Pole Vault-Women	(followed by Pole Vault—Men)
Shot Put –M/W	(after Weight Throw; two rings)

In the throws and horizontal jumps, the top 9 collegiate athlete marks make the finals.

	10:00am - Running Events			
	4x800m Relay			
	5,000m			
	60m Hurdles Trials Top 10 collegiate athletes to finals			
	60m Dash Trials Top 10 collegiate athletes to finals			
	Mile			
	400m			
	1000m			
	60m Hurdles Finals			
	60m Dash Finals			
	600m			
	800m			
	200m **Must DECLARE at check-in table in advance of the 600m run**			
	3,000m			
	Distance Medley Relay			
	4x400m Relay			
Women run first except for the trials of 60m hurdles and 60m dash.				
All events begin with fastest sections.				

A time schedule will be sent the week of the meet. All efforts will be made to remain ON TIME or roll up to 30 minutes ahead of the scheduled time. Announcements will be made in the fieldhouse only.

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Events with Qualifying Standards:		Men	Women
	60m Dash	8.00	9.00
	60m Hurdles	9.00	10.30
	200m Dash	25.00	30.00
	400m Dash	55.00	68.00
	800m Run	2:06.0	2:38.0
	Mile Run	4:55.0	5:55.0
	3000m Run	9:45.0	12:15.0
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Events with no Qualifying Standard:

600m Run

1000m Run

5000m Run

All relays: No more than two relays per team in the 4x8, DMR and 4x4. All field events: Progressions and minimum marks will be sent out with the heat sheets on Friday, 2/19.

Entry marks may be provided from the 2015 or 2016 INDOOR season. If there are reasonable exceptions, contact the meet director.

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